

# June 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 Finals week	3 OFF	4 OFF	5 OFF	6 OFF	7 OFF	8
9	10 9:00-10:00 Weights 10:00-12:00 Mats	11 9:00-11:00 Mats	12 9:00-10:00 Weights 10:00-12:00 Mats	13 9:00-11:00 Mats	14 9:00-10:00 Weights	15
16	17 9:00-10:00 Weights 10:00-12:00 Mats	18 9:00-11:00 Mats	19 9:00-10:00 Weights 10:00-12:00 Mats	20 9:00-11:00 Mats	21 Scrimmage @ Clovis	22 Scrimmage @ Clovis
23	24 9:00-10:00 Weights 10:00-12:00 Mats	25 9:00-11:00 Mats	26 9:00-10:00 Weights 10:00-12:00 Mats	27 9:00-11:00 Mats	28 Scrimmage @Central	29 Scrimmage @Central
30						

# July 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>30</b> Dead week #1	<b>1</b> OFF	<b>2</b> OFF	<b>3</b> OFF	<b>4</b> OFF	<b>5</b> OFF	<b>6</b>
<b>7</b> Dead week #2	<b>8</b> OFF	<b>9</b> OFF	<b>10</b> OFF	<b>11</b> OFF	<b>12</b> OFF	<b>13</b>
<b>14</b>	<b>15</b> 9:00-10:00 Weights	<b>16</b> OFF	<b>17</b> 9:00-10:00 Weights	<b>18</b> OFF	<b>19</b> 9:00-10:00 Weights	<b>20</b>
<b>21</b>	<b>22/23/24</b> Cal Polly Camp @ SMHS Register- <a href="http://www.thewrestlinginstitute.com">www.thewrestlinginstitute.com</a>			<b>25</b> OFF	<b>26</b> 9:00-10:00 Weights	<b>27</b>
<b>28</b>	<b>29</b> 9:00-10:00 Weights	<b>30</b> OFF	<b>31</b> 9:00-10:00 Weights	<b>1</b> OFF	<b>2</b> 9:00-10:00 Weights	<b>3</b>
<b>4</b>	<b>5</b> 9:00-10:00 Weights	<b>6</b> OFF	<b>7</b> 9:00-10:00 Weights	<b>8</b> OFF	<b>9</b> 9:00-10:00 Weights	<b>Off until school starts</b>