

August 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13	14	15	16 Lunch meeting room 301	17	18	19
20	21 3:15-5:00 Mats	22 4:15-5:45 Mats	23 4:15-5:00 Game	24 4:15-5:45 Mats	25 OFF	26
27	28 3:15-5:00 Mats	29 4:15-5:45 Mats	30 4:15-5:00 Game	31 4:15-5:00 Mats Back to school night 5:15		

Consistency is a choice, Consistency is a **SUPERPOWER**

Returners Practice Calendar

September 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				4:15-5:45 Mats	1 OFF	2
3	4 Labor day Off	5 4:15-5:45 Mats	6 3:15-5:00 Mats	7 4:15-5:45 Mats	8 OFF	9
10	11 3:15-5:00 Mats	12 4:15-5:45 Mats	13 4:15-5:00 Game	14 4:15-5:45 Mats	15 OFF	16
17	18 3:15-5:00 Mats	19 4:15-5:45 Mats	20 4:15-5:00 Game	21 4:15-5:45 Mats	22 OFF	23
24	25 3:15-5:00 Mats	26 4:15-5:45 Mats	27 4:15-5:00 Game	29 4:15-5:45 Mats	30 OFF	

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