

# August 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> Weights 8:00-9:00am CCWC @RHS 6:00-7:30PM	<b>2</b> Weights 8:00-9:00am	<b>3</b>	<b>4</b> Weights 8:00-9:00am	<b>5</b>	<b>6</b>
<b>7</b>	<b>8</b> CCWC @RHS 6:00-7:30PM	<b>9</b> OFF	<b>10</b> OFF	<b>11</b> 1 <sup>st</sup> day of school	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b> CCWC @RHS 6:00-7:30PM	<b>16</b> 4:15-5:45 Mats	<b>17</b> 4:15-5:45 Mats Possibly CCWC @ Morro Bay 6-7:30	<b>18</b> 4:15-5:45 Mats	<b>19</b> 6:30-8:00am	<b>20</b>
<b>21</b>	<b>22</b> CCWC @RHS 6:00-7:30PM	<b>23</b> 4:15-5:45 Mats	<b>24</b> 4:15-5:45 Mats Possibly CCWC @ Morro Bay 6-7:30	<b>25</b> 4:15-5:45 Mats	<b>26</b> 6:30-8:00am	<b>27</b>
<b>28</b>	<b>29</b> CCWC @RHS 6:00-7:30PM	<b>30</b> 4:15-5:45 Mats	<b>31</b> CCWC @ Morro Bay 6:00-7:30pm			

# September 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 4:15-5:45 Mats	2 6:30-8:00am	3
4	5 Labor day CCWC TBA	6 4:15-5:45 Mats	7 CCWC @ Morro Bay 6:00-7:30pm	8 4:15-5:45 Mats	9 6:30-8:00am	10
11	12 CCWC @RHS 6:00-7:30PM	13 4:15-5:45 Mats	14 CCWC @ Morro Bay 6:00-7:30pm	15 4:15-5:45 Mats	16 6:30-8:00am	17
18	19 CCWC @RHS 6:00-7:30PM	20 4:15-5:45 Mats	21 CCWC @ Morro Bay 6:00-7:30pm	22 4:15-5:45 Mats	23 6:30-8:00am	24
25	26 CCWC @RHS 6:00-7:30PM	27 4:15-5:45 Mats	28 CCWC @ Morro Bay 6:00-7:30pm	29 4:15-5:45 Mats	30 6:30-8:00am	