

Information: Scrimmage matches at Central HS Fresno, opportunity to get in 6-8 matches over two days.

Scrimmage located- Central HS East Campus Gym

Hotel- University Inn Fresno 2655 E Shaw Ave Fresno CA 93710

Timeline:

- **Tuesday 6/25-** Must commit by end of practice for planning purposes
- **Wednesday 6/26-** We will weight in at practice
- **Friday 6/28-** depart Righetti at 11 am wrestle 3pm-7pm, **no am weights**
- **Saturday 6/29-** wrestle 8am-12pm

Weigh-Ins:

Home weigh-ins (We don't cut weight or have weight class brackets, but rather match athletes based on close weight and ability).

What to bring -Workout cloths, your own singlet if you want, towel to shower with Saturday, shoes/ headgear. Money for food Friday night, Saturday lunch on return trip.

Cost- Athletes are responsible for food Friday & Saturday we will stop for lunch on way home. hotel and transportation as well as snacks and water during competition will be provided by program.

Wrestlers will be matched up by weight and ability.

- (N) Novice = little experience/JV
- (V) Varsity = competitive at varsity level
- (SS) Section/State = participant or projected 2024 state level