

August 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11	12	13	14	15	16	17
18	19	20	21 Lunch meeting room 301	22	23 4:15-5:00 Game	24
25	26 OFF	27 4:15-5:45 Mats	28 4:15-5:45 Mats	29 4:15-5:00 Mats Back to school night 5:15	30 OFF Minimum day schedule	31

Consistency is a choice, Consistency is a **SUPERPOWER**

Beginners Practice Calendar

September/Oct 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Labor day Off	3 4:15-5:45 Mats	4 4:15-5:45 Mats	5 4:15-5:45 Mats	6 4:15-5:00 Game	7
9	10 OFF	11 4:15-5:45 Mats	12 4:15-5:45 Mats	13 4:15-5:45 Mats	14 4:15-5:00 Game	15
16	17 OFF	18 4:15-5:45 Mats	19 4:15-5:45 Mats	20 4:15-5:45 Mats	21 4:15-5:00 Game	22
23	24 OFF	25 4:15-5:45 Mats	26 4:15-5:45 Mats	27 4:15-5:45 Mats	28 4:15-5:00 Game	29
30	31 OFF	1 4:15-5:45 Mats	2 4:15-5:45 Mats	3 4:15-5:45 Mats	4 4:15-5:00 Game	5

-October-December Calendar to be published by 9/17. We will take a two week break between pre-season and start of official practice.
1st day of official practice October 28th. Break dates October 14-26 (no workouts). Starting 10/28 we will practice M-F.

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Beginners Practice Calendar