

All

Dual 1/28 Pioneer Valley at Righetti Sr Recognition Night

Location: Righetti High School

Excusal Info:

-Meet in wrestling room **3:00 pm**, students with 7th period will be excused from class.

-Competition info:

-**4pm** Weigh in

-**5pm** JV Boys, followed by Varsity girls

- **6:15pm Sr recognition (boys and girls)**
(between jv boys and after girls varsity)

-**6:30pm** Varsity boys

January 31st CCAA Girls Varsity/ JV and JV Boys Finals

Location: San Luis Obispo High School

Tournament Info:

Travel:

- 5:00am Meet at Righetti and take bus to SLO
- 7:00am weigh in
- 9:00 Wrestle to completion

Info: Girls- Varsity & JV division, Boys JV only

Tournament Info: All weights are CIF growth allowance 106= 108

What to bring: (pack night before after practice)

-Headgear, shoes (singlet provided)

The road to USA Wrestling Cadet State starts today!

For those not participating in a spring sport we highly encourage you take the opportunity to continue to grow as an athlete and wrestler. Free entry to those 9th-10th graders that attend all practices.

Practice times on Feb-March calendar

